

Effective from 1st November 2024

Book your appointment on 01452 883232 or visit <u>www.spinavita.co.uk</u>

* Packages available to purchase on reception (not available online)



Chiropractic

Anna Hawrot BSc (Hons) Chiro, DC -- Melissa Folly MChiro Jessica Davy MChiro -- Jennifer Barr MChiro

Initial Consultation	£45
Chiropractic Treatment	£47
Re-assessment and Treatment	£70

Sports Therapy & Strength & Conditioning

Amanda McLoughlin BSc (Hons) Sports Therapy and MSc Strength & Conditioning

SPORTS THERAPY

Initial Consultation and Treatment	: (1 hour)	£60
Treatment (30 minutes)		£42
Treatment (45 minutes)		£52
Treatment (30 minutes with laser	therapy)	£57

STRENGTH & CONDITIONING

Strength & Conditioning session (45 minutes)	£50
Strength & Conditioning follow-up session	£42

Laser Therapy

15 minute laser treatments		 £40
Supplement on top of stand	lard treatment price	 £15

Massage Therapy

Lisa Rowlands ITEC level 4 Sports Massage

Massage/Sports Massage (30 minutes)	 £30
Massage/Sports Massage (45 minutes)	 £40
Massage/Sports Massage (60 minutes)	 £52
Pregnancy Massage (45 minutes)	£40

Packages*

_aser treatments (6 sessions)	£200
Sports Therapy - 30 mins (6 sessions)	£210
Sports Therapy - 45 mins (6 sessions)	£260
Chiropractic (8 sessions)	£330